

The Road to College: Navigating College Admissions

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Activity: This presentation gives students information on what they can do each year of high school (freshman-senior year) to prepare them for the college admissions process.

Grade(s): 9th grade

ASCA Student Standards:

A:A1.5 Identify attitudes and behaviors that lead to successful learning

A:A2.2 Demonstrate how effort and persistence positively affect learning

A:A2.3 Use communications skills to know when and how to ask for help when needed

A:A3.3 Develop a broad range of interests and abilities

A:B1.1 Demonstrate the motivation to achieve individual potential

A:B1.4 Seek information and support from faculty, staff, family and peers

C:A1.7 Understand the importance of planning

VA Standards for School Counseling:

HA2: Understand the variety of post-secondary options available to them and the requirements of those options including the relationship of academic status and scholastic record

HP2: Understand when and how to utilize family, peer, school, and/or community resources

Rationale for Lesson: This presentation is geared towards high school freshman. The purpose is to help 9th graders see the “big picture” of high school and how their academics, involvement, and actions in high school can impact their future plans. During the presentation students are encouraged to develop relationships with school staff and administration, who can be a large support for students in high school.

Materials: Presentation (requires internet connection)
Pre-Survey
Post-Survey

Method:

1. Before beginning have students complete the pre-survey (3 minutes)
2. Present PowerPoint Presentation – allowing time for questions
3. Have students complete a post-survey

Evaluate Lesson: Pre- and post-surveys will allow for an evaluation of students understanding of the material, as well as finding out what they already know

Helpful Website: Collegeboard created this website to help students explore possible colleges, plan for paying for college, and learn about future career options
<https://bigfuture.collegeboard.org>