

You applied to College. Now What?

Elizabeth Cranford

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@

Washington-Lee & Wakefield High Schools

Why Am I Here?

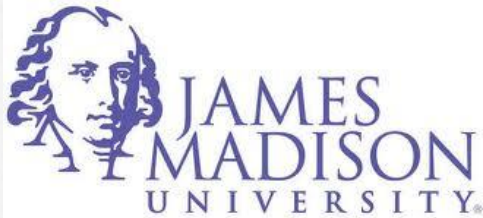
- Applications – colleges & scholarships
- Essays
- College Preparation
- Personal, College, Career questions
- Anything You Need

JMU sent me to help you!

When Am I Here?

Every Other Monday in
Mr. Sample's Room





About Me



❖ Undergraduate:

- University of Mary Washington
- Bachelors of Science in Psychology

❖ Graduate:

- James Madison University
- Masters of Education in School Counseling

❖ Work Experience:

- Preschool Teacher for 6 years

Survey Time



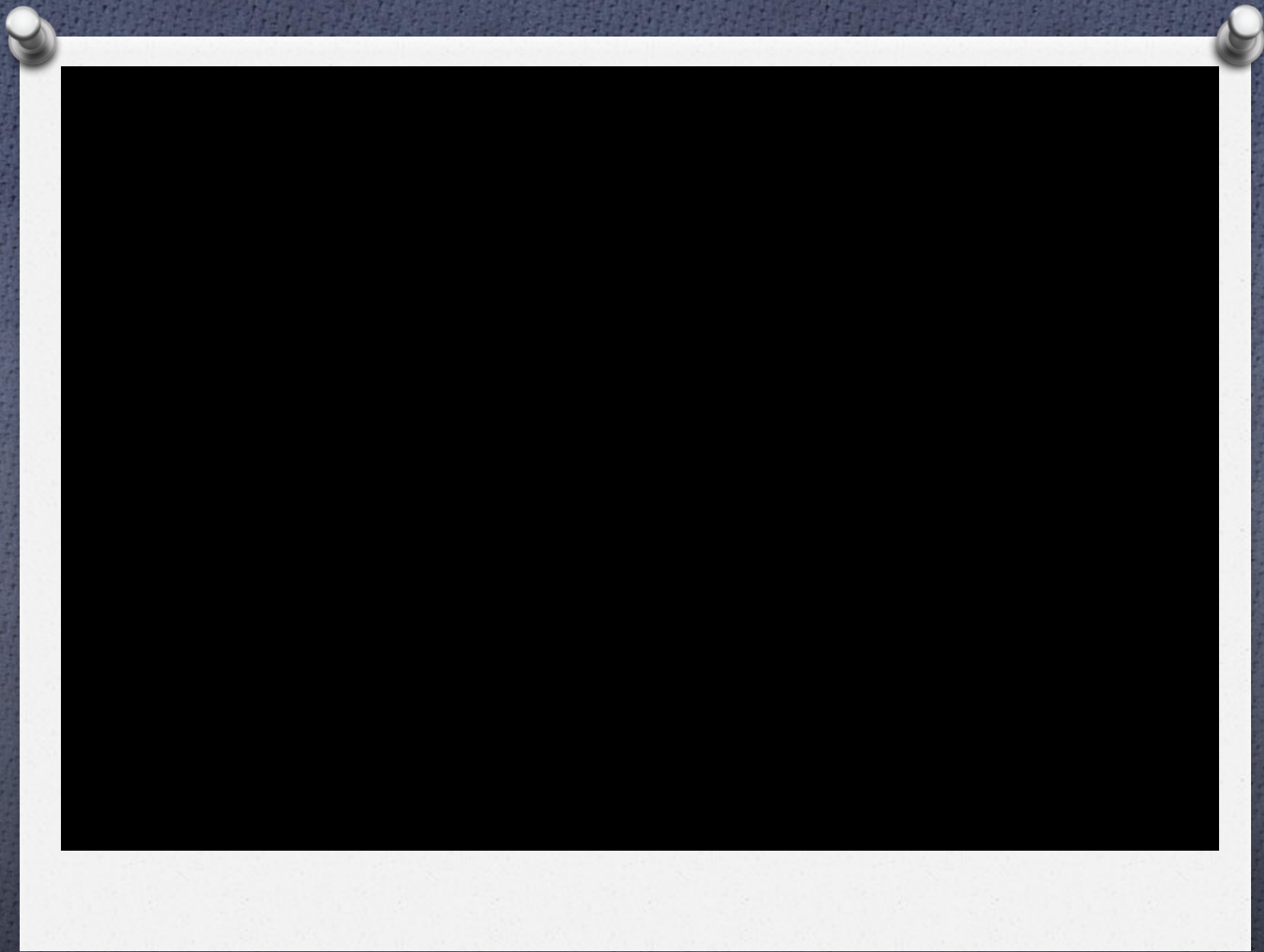
This is NOT a test.

The information you provide will help me see what you know and what you would like information on.

Paying for College

- o Scholarships
 - o Arlington Community Foundation
 - o Local Scholarships
- o FASFA <http://www.fafsa.ed.gov/>
- o Loans
- o Grants
- o Work-Study
- o Private Loans
- o Working On or Off Campus





You got in! Now What?

- o Ask Questions
 - o Retention rate?
 - o Internships?
 - o Scholarships & Financial Aid Package
- o Review Majors
- o Clubs or Organizations
- o Population
- o Visit or Re-visit the campus
 - o How did you feel on campus?
 - o Can you picture yourself there?
 - o <http://www.jmu.edu/map/>
 - o <https://collegeprowler.com/>



Acceptance Paper Work

- Acceptance Letter
- Deposit
- Acceptance Letter for Financial Aid
- Any Other Required Paper Work
- Decline Offer of Other Schools

IMPORTANT: SEND ITEMS IN BY THE DEADLINE

Other Paper Work

- o Student Health Forms
- o Meal Plans
- o Housing Agreement
 - o Dorms
 - o Roommate Questionnaire
- o Scholarships:

<http://www.jmu.edu/scholarships/prospectstudents.shtml>



IMPORTANT: SEND ITEMS IN BY THE DEADLINE

Summer Orientation & Orientation Week

- o Student ID Cards
- o Register for Courses
- o Meet Your Roommate
- o Get Familiar with Campus
- o LOTS of Activities
- o Meet Students & Faculty
- o Make New Friends



Resources To Find On Campus

support Services



Writing Center



- Overcome writer's block
- Brainstorm and find a topic
- Understand audience & purpose
- Develop a thesis
- Incorporate sources effectively
- Revise for coherence & organization
- Edit for clarity & conciseness
- Use MLA, APA, and Chicago formats
- Understand grammar, punctuation, and usage
- Develop revision strategies

Health Center

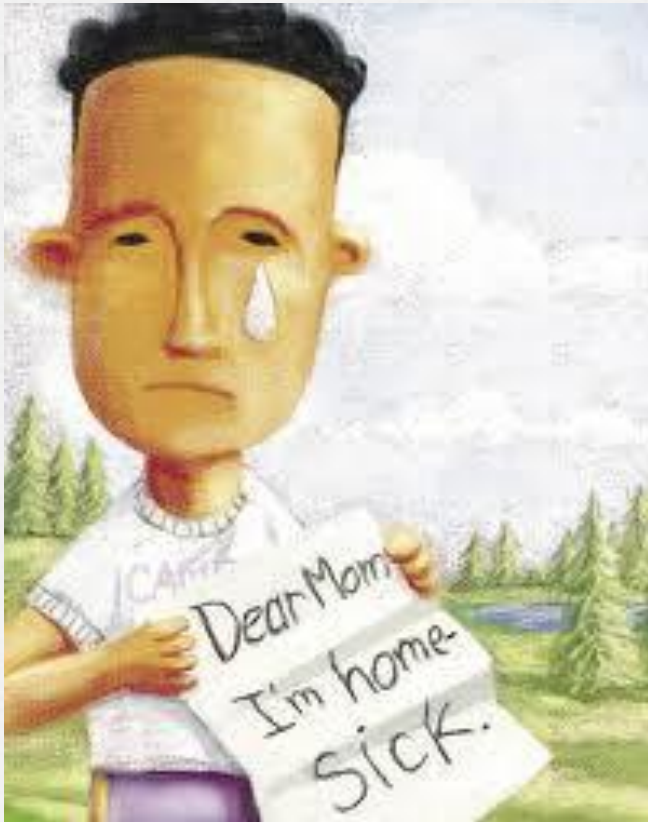
- o Allergy Clinic
- o Trainings
- o Flu Shots
- o Immunizations
- o Lab Tests
- o Nutrition
- o Women's Clinic
- o General Health Needs



Career & Academic Planning

- o Help Choose a Major
- o Learn How to Network
- o Resume Review Services
- o Mock Interviews
- o Career Workshops
- o Career Assessments
- o Career Fairs
- o Graduate School Fairs
- o Internship Information
- o Job Information

Counseling Center



- o Anxiety
- o Depression
- o Home Sickness
- o Eating Issues
- o Coping with Grief
- o General Issues
- o Academic Issues
- o LGBTQ Support
- o Relaxation Resources

Tutoring Services

- o Science & Math Tutoring Center
- o On-Campus Peer Tutoring
- o Communication Center
- o Foreign Language Help



Day to Day Life: Dorms



College Students Experiences

- o Nadia: “I was homesick at first”
- o Holly: “I met my best friends”
- o Reynoldo: “Awkward new school feeling”



Possible Schedule

Hour	Monday	Tuesday	Wednesday	Thursday	Friday	
8:00 am		General Biology		General Biology		
9:00 am						
10:00 am	English Composition		English Composition	General Biology Lab	English Composition	
11:00 am						
12:00 pm	Pre-calculus	Pre-calculus	Pre-calculus		Pre-calculus	
1:00 pm				General Chemistry Lab		
2:00 pm						
3:00 pm	General Chemistry		General Chemistry		General Chemistry	
4:00 pm		Academy Seminar				
5:00 pm						

Possible Schedule

	Monday	Tuesday	Wednesday	Thursday
8:00 AM				
9:00 AM				
10:00 AM	GRG 305 - 37490	GRG 305 - 37490		GRG 305 - 37490
11:00 AM				
12:00 PM				
1:00 PM	ADV 305 - 05565		ADV 305 - 05565	
2:00 PM		E 321K - 35405		E 321K - 35405
3:00 PM				
4:00 PM	ADV 318J - 05595		ADV 318J - 05595	
5:00 PM				
6:00 PM			ADV 318J - 05595	
7:00 PM				



Tips for Scheduling:

Determine Your Course
Load

3 credits is the average
class

- o Full Time = 12-18 credits or 4 to 6 classes
- o Part Time = under 12 credits
- o Will you have a job?
- o Other commitments?

Tips for Scheduling: Don't Go Overboard



- o What does your schedule LOOK like?
- o Ratemyprofessor.com



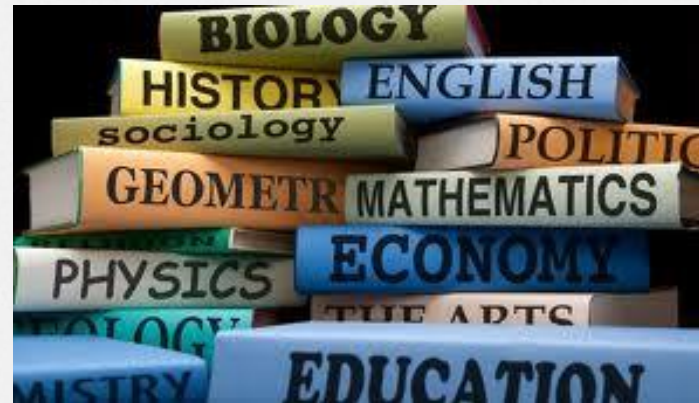
Tips for Scheduling:

Consider the
Workload **OUTSIDE** of
Class

- o Homework
- o Lab Time
- o Writing Papers
- o **READING**



Tips for Scheduling:
Have a Backup Plan



- o Didn't get the class you want? Fill it in with a Gen. Ed. Requirement.

What is a Gen. Ed?

- o Gen. Ed stands for General Education Requirements.

- o Math
- o Science
- o English
- o Art
- o History
- o Social Science
- o Foreign Language
- o Physical Education
- o Experiential Learning

Survey... again

Just to see if I helped increase your knowledge
about college life.

Thank you for having me.

Contact Information

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Mr. Sample's room every other Monday

What do YOU want
to know?

