

Bullying Presentation at LAMS

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Activity: This presentation focuses on the topic of bullying, including defining the different kinds of bullying (direct, indirect, cyber), consequences of bullying, suggestions on how to report bullying, what to do if you are a target, a bystander, or a bully to help stop bullying at the middle school. This information is covered during the course of a 50 minute class period.

Grade(s): 6-8th grades

VA Standards for School Counseling:

MP1. Recognize the effect of peer pressure on decision making

MP2. Understand the consequences of decisions and choices

MP5. Demonstrate appropriate skills for interactions with adults and developing and maintaining positive peer relationships

MP6. Use appropriate communication and conflict resolution skills with peers and adults

ASCA Student Standards:

PS:A1.6 Distinguish between appropriate and inappropriate behavior

PS: A1.7 Recognize personal boundaries, rights and privacy needs

PS: A2.1 Recognize that everyone has rights and responsibilities

PS:A2.3 Recognize, accept, respect and appreciate individual differences

PS:A2.6 Use effective communications skills

PS:A2.7 Know that communication involves speaking, listening, and nonverbal behavior

PS:B1.2 Understand consequences of decisions and choices

PS:C1.3 Learn about the differences between appropriate and inappropriate physical contact

PS:C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help

Rationale for Lesson: Bullying has become an issue around the country. This issues is especially prevalent at the middle school level. Indirect bullying (i.e. relational aggression), direct bullying (i.e. physical intimidation), and cyber bullying (i.e. online harassment) are all prevalent at the middle school level. By sharing information with students, the goal is to empower them to take report and help stop bullying in the school.

Materials: PowerPoint presentation with Internet access for videos

Method: Although this is a presentation full of information on bullying it is important that this lesson is taught in an interactive manner with students, including time for questions and comment from students

Evaluate Lesson: Ask students to write down 3 things they took away from the lesson to hand in as they leave class for the day.

Helpful Websites:

- PBSkids.org
- Youtube.com
- Stopbullyingnow.com
- Jaredstory.com