

A Recipe for Friendship:

A Girl's Group Lesson

Activity: Students will discuss and learn friendship skills, such as initiating play and ways to spend time with peers

Grade: 1st & 2nd grade girls (but can be adjusted to meet the needs of older students)

Time: 20-30 minutes

VSCA Standards:

EP2. Understand how to make and keep friends and work cooperatively with others

EP4. Demonstrate good manners and respectful behavior towards others

Rationale for Lesson: The girls were selected to be in this group to boost their confidence and give them the tools to interact with peers in social situations

Materials: Book: *Enemy Pie* by Derek Munson

A Recipe Card: "A Recipe for a Great Friendship"

Method:

1. Read the book *Enemy Pie* to the girls
2. During the story ask questions like, "Is he being friendly right now?" or "Is he being respectful to his classmate?"
3. Following the story, discuss what happened to the main character. Did he keep an enemy or make a friend?

4. As a group, we will create a recipe for friendship. Girls will say what they think some ideas are for building a friendship then the leader will write them on the Recipe Card handout. (If you wanted to use this with older students, they could write their own recipe for friendship, instead of doing it as a group or having the leader write)
5. Before closing the group, we will discuss what we think makes a good friendship and ways you can initiate play with friends

Evaluate Lesson: Girls will be able to say 1 thing that is needed in a friendship

Resources: Additional ideas can be found on the website: enemypie.com

Helpful Websites: This website has great lesson plan ideas, as well as the recipe card handout, to use with the book Enemy Pie.
<http://www.ladybugsteacherfiles.com/2011/10/enemy-pie-friendship-writing-activities.html>

Storyline online has a famous actress, Camryn Manheim, read Enemy Pie. The approximate runtime is 10 minutes. Consider sending the website home with students so they can review the story with their families after school.

<http://www.storylineonline.net/enemy/story.swf>