

A Lesson on “The Secrets of Listening”

Activity: Discuss with students how we listen and why it is important to listen

Grade: Pre-K (3 & 4 year olds)

Time: 20 minutes

VSCA Standards: Students will learn that listening is part of being respectful towards others.
EP4. Demonstrate good manners and respectful behavior towards others,

Students will learn that listening is an expectation at school.
EA1. Understand the expectations of the educational environment,

Rationale for Lesson: Listening is an important part of daily life for preschoolers, both in home and at school. Students will learn that listening shows to others that we care, showing respect, and helps with learning.

Materials:

- Book: *Listen and Learn* by Cheri J. Meiners, M.Ed.
- List of three rules (found in book on page 9) of how we listen: keep quiet, look at the speaker, think about what you hear.
- Pictures of Actions: hand on head, stand on one foot, both hands on belly, make a star with body (hands in air, feet apart), sit crisscross, take deep breath.

Method:

1. Introduce lesson by telling students you have something very important to share... the secret to listening.
2. Using rules on page 9 in book, Say rule one, and then have students repeat with you. Continue until all rules have been explained.
3. Ask students to use the secret they just learned while listening to the story, *Listen & Learn*.
4. Read story to students. Stop reading occasionally to ask students about the book.
5. Play listening game with students. Say the action and show picture of the action to students. Begin with more active movements and then end sitting crisscross and taking a deep breath. Number of moves are adjustable depending on time available.
6. Review rules again.

Evaluate Lesson: Students are able to follow directions during activity and repeat the “secrets of listening”

Resources: -Ideas can be found in the back of *Listen & Learn*, including ways to reinforce the ideas in *Listen & Learn* and listening games for several age groups.

Helpful Websites:

- Additional listening games for preschoolers
http://www.preschoolexpress.com/skill_station02/skill_station_apr02.shtml
- “6 best websites with listening activities for preschool children”
<http://www.educational-freeware.com/news/listening-activities.aspx>

The Secrets of Listening



Keep quiet.



Look at the speaker.



Think about what you hear.

